**Day 1 – 1st Feb – HALL E 3 – BHARATHIYAR HALL**

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|  **TIME**  |  **Day 1 – 1st Feb – HALL E 3 – BHARATHIYAR HALL** |
| **9:30 – 9:50****9:50 – 10:10****10:10 – 10:30****10:30 – 10:50** | **NUTRITION****Chairpersons: Dr. E. Arumugam (Chengalpet), Dr. M. Narasimhan (Sholinghur) & Dr. R. Selvaraj (Cuddalore)**1)Diet as Medicine**Dr. Sonia Arora (Patiala)**2) Nutrition in ICU – An Overview. **Dr. Ketan K Mehta (Mumbai)**3) Genetically Modified Foods - Of any medical significance? Impact on the health of the population.**Dr. Anupam Prakash (**New Delhi**)** **4)**Cooking Oils in Health and Disease**Dr. Shilpa Joshi (Mumbai)** |
| **10:55 – 11:15****11:15 – 11:35****11:35 – 11:55** | **HYPERTENSION****Chairpersons: Dr. B. R. Bansode (Mumbai), Dr. V. Nambi (Chennai), & Dr. E. Dhandapani (Coimbatore)**1) Practical guidelines for Hypertension management.**Dr. N. R. Rao (Manipal)**2) Interventions in Hypertension. **Dr. Ajay U Mahajan (Mumbai)**3) Sex and Hypertension.**Dr. A. K. Pancholia (Indore M.P.)**  |
| **12:00 – 12:20****12:20 – 12:40****12:40 – 1:00** | **ENDOCRINOLOGY****Chairpersons: Dr. Anandamoorthy (Ooty), Dr. R. Gunasekaran (Trichy), & Dr. M. A. Kabeer (Chennai)**1) Cushings Syndrome: Challenges in Diagnosis and Management.**Dr. K. J. Shetty (Bangalore)**2)Hirsutism – Indian Scenario**Dr. A. R. Vijayakumar (Coimbatore)**3)Pituitary Passions**Dr. Nihal Thomas (Vellore)** |
| **1:00 – 2:00** | **LUNCH** |
| **2:00 – 2:20****2:20 – 2:40****2:40 – 3:00** | **NEUROLOGY****Chairpersons: Dr. B. Soren (Rajahmundry, A P), Dr. Mohamed, & Dr. Rao Gupta.**1) CSF - A Physician’s Perspective **Dr. P. K. Maheshwari (Agra)**2) Managing critically ill patients with AIDP: relevance of international guidelines to Indian scenario **Dr. Prof B. Vengamma (**Tirupati**)** 3) ICU Acquired Paresis: ‘Spectrum of Neuro – Myopathies’ **Dr. Mathew Alexander (Vellore)** |
| **3:05 – 3:25****3:25 – 3:45****3:45 – 4:05** | **ENDOCRINOLOGY****Chairpersons: Dr. Kannan (Madurai), Dr. P. Soundararajan (Chennai), & Dr. T. Aravindaraj (Ramanathapuram).**1) Hypo Thyroxinemia in – Clinical Practice / Indian Guidelines.**Dr. R. V. Jayakumar (**Kottayam**)**2) Management of Thyroid Nodules – An Indian Consensus Guideline**Dr. Mathew John (Trivandrum)**3)Suggested Guidelines for self monitoring of blood glucose – In India**Dr.** **Ranjit Unnikrishnan(Chennai)** |
| **4:10 – 4:30****4:30 – 4:50****4:50 – 5:00** | **NEPHROLOGY****Chairpersons: Dr. M. S. Ashraf (Trichy), Dr. S. P. Thyagarajan (Coimbatore), & Dr. P. B. Sathasivam (Chennai).**1) Urinalysis in clinical practice. **Dr. Shekhar Chakraborty (**Siliguri**)** 2) Emerging markers of Kidney Injury. **Dr. Ashit Bhagwati (Mumbai)****3)Quiz Programme** |